

**COVID-19 resources regarding mental health and the education community**

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[American Counseling Association (ACA)](https://www.counseling.org/) – ACA has a COVID-19 page with sections on :

* Counseling school children, including how to counsel from home, how to talk to children about the pandemic, and self-care for counselors;
* Issues of social isolation, including suicide prevention and how children heal from trauma; and
* FAQs for telebehaviorial health, effective policies, ethics, and licensure

[American School Counselor Association (ASCA)](https://www.schoolcounselor.org/school-counselors/professional-development/learn-more/covid-update) – ASCA links to multiple other sources for guidance and resources, along with ASCA toolkits and webinars including:

* Toolkits on crisis planning and response, virtual school counseling guidance for all levels of education, and choosing a college when you cannot visit, and
* Free webinars on ethical considerations of online counseling, how-to for online counseling, and supporting student welfare in an online setting, among others.

[National Association of College Admission Counseling (NACAC)](https://www.nacacnet.org/news--publications/coronavirus/) – NACAC has a general COVID-19 resource link plus two other tracking tools:

* NACAC’s College Admission Status Update that shows what changes more than 900 colleges have made in their admission processes, and
* NACAC’s Secondary Schools College Admission Services Update that shows what high schools are doing differently to help students with college applications.

[National Association of School Psychologists (NASP)](https://www.nasponline.org/resources-and-publications/resources-and-podcasts/covid-19-resource-center) – The NASP COVID-19 Resource Center has information for school psychologists and families, including:

* information and links to federal government guidance including from the Department of Education on delivering special education;
* information on assessing mental health crises;
* helping children respond and dealing with racism and stigma; and
* professional preparation and credentialing.